



Guard my heart

Proverbs 4:18-27

Proverbs 4:18-27 New International Version (NIV)

¹⁸ The path of the righteous is like the morning sun,
shining ever brighter till the full light of day.

¹⁹ But the way of the wicked is like deep darkness;
they do not know what makes them stumble.

²⁰ My son, pay attention to what I say;
turn your ear to my words.

²¹ Do not let them out of your sight,
keep them within your heart;

²² for they are life to those who find them
and health to one's whole body.

²³ Above all else, guard your heart,
for everything you do flows from it.

²⁴ Keep your mouth free of perversity;
keep corrupt talk far from your lips.

²⁵ Let your eyes look straight ahead;

fix your gaze directly before you.

²⁶ Give careful thought to the^[a] paths for your feet
and be steadfast in all your ways.

²⁷ Do not turn to the right or the left;
keep your foot from evil.

Intro:

Shamah

Deuteronomy 6:4-5 (NIV)

⁴ Hear, O Israel: The LORD our God, the LORD is

one.^[a] ⁵ Love the LORD your God with all your heart and with all your
soul and with all your strength.

Mark 12:28-34 (NIV)

The Greatest Commandment

²⁸ One of the teachers of the law came and heard them debating.
Noticing that Jesus had given them a good answer, he asked him,
“Of all the commandments, which is the most important?”

²⁹ “The most important one,” answered Jesus, “is this: ‘Hear, O
Israel: The Lord our God, the Lord is one.’^[e] ³⁰ Love the Lord your God
with all your heart and with all your soul and with all your mind and

with all your strength.^[f] ³¹ The second is this: ‘Love your neighbor as yourself.’^[g] There is no commandment greater than these.”

³² “Well said, teacher,” the man replied. “You are right in saying that God is one and there is no other but him. ³³ To love him with all your heart, with all your understanding and with all your strength, and to love your neighbor as yourself is more important than all burnt offerings and sacrifices.”

³⁴ When Jesus saw that he had answered wisely, he said to him, “You are not far from the kingdom of God.” And from then on no one dared ask him any more questions. (Mark 12:28-34)

The Hebrew understanding of “heart.”

Why? (Vs 18,19,23)

1. (Vs 23) My emotions like strong _____ direct our _____.
2. (Vs 18-19) My _____ determine my path. Some paths lead to _____ and _____ places, others to deep _____.

How? (Vs 20-22)

- 1.

I will let _____ direct my heart before my heart directs my actions.

Emotions need to be...

1. Identified
2. Validated
3. Aligned to Scripture

What does it look like? (Vs 24-27)

1. Choosing _____ that are neither perverse nor corrupt
2. Staying focused on my _____
3. Letting my _____ direct my actions and not purely my emotions.

David

Jesus